

## Submissions for Certificate of Attainment.

To receive Certificate of Attainment for your 14 hours you must return copies of

- Practice logs for video watching and writing your achievements and challenges.
- Answers to theory questions.
- Clients feedback forms with your challenges and achievements.
- Recorded times for all study sessions on table provided.

## Basic Syllabus:

14 hours of continuing education credits: You have 2 years in which to complete.

Times given below are guidelines but need to do total 14 hours of study and practise

### 1. DVD watching and learning:

Fill out practice log each time watch video and write about your challenges and achievements and record time spent watching Video

- Start with learning the feet. Practice the feet a couple of times on recipients
- Then move onto face. Practice face till you have the sequence and techniques for activating all the marmas.
- Practicing both till you now the sequence by memory. 3hours-4hours

### 2. Practice treatment on 6 recipients:

Give 6 Marma point face, scalp and neck and foot treatments and get client/recipient to sign and comment on client feedback forms provided. This form must be returned for assessment. **6 hours**

### 3. Study written materials, and take written test provided below

Read thoroughly the theory manual and then answer questions to demonstrate your understanding of the theory. **5 hours**

### 4. Fill out Table

Fill out table with study session times

## Completion

- You will be able to competently perform a one hour Marma point massage .
- You will be able to get CPE points from Massage Associations.
- You can get insurance cover.
- Or join IICT and get insurance as a stand-alone treatment.

For more questions and information please email

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