

Ayurveda Abhyanga Massage

Basic Syllabus

For 30 hours of study:

You have 2 years in which to complete if you want points and approved training Certificate.

1. Fill out practice logs while watching video with achievements and challenges.
2. Have your clients/recipients fill out feedback forms. You also write up on form as requested.
3. Answer theory questions from manual.
4. Fill out table with study session times.
5. Scan and email or return via express post.

Course requirements

30 hours to be completed within 2 years .

1. You are required to watch the video and fill out a log session forms writing your challenges and achievements. Suggestions for methods of learning included in manual. **10-14 hours**

2. Massage 6 recipients and get them to fill out client feedback form.

- Massage 6 client/recipients
- 3x 1 1/2hour
- 3 x1hour
- After finish massage they fill out client session forms and sign
8-9 hours

3. Answer theory questions from readings in manual. 8hours

4. Fill out Table

Fill out table supplied with times allotted to each study session you do.

Completion

- You will be able to competently perform a one hour and one and half hour Abhyanga full body massage treatment with knowledge of what herbalised oils to use.
- You will be able to get CPE points from Massage Associations.
- You can get insurance cover.
- Or join IICT and get insurance as a stand-alone treatment.

For more questions and information please email

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