

## Course Requirements for Aromatherapy Foot Spa Ritual

To gain approved certification for 10 hours study you will need to:

1. Answer all theory questions below.
2. Fill out logged session while watching DVD with times, achievements and challenges.
- 3 Fill our client session forms and get recipients to comment and sign.
- 4 Fill out Table below with all the hours you have spent on each of the above.

### Course structure:

Times given are approximate:

1. Read manual and answer **questions** taken from the material in manual. 4 hours
  2. Fill in a **log sessions** for time watching video and practising with your achievements and challenges. Read manual and watch video 2-3 hours
  3. Do 3 foot spa **rituals** and fill in client feedback forms. 4 hours
- Get clients to sign and comment on the client log session. (They can be paid or unpaid up to you) 3 hours
4. Fill out **table** provided with all study sessions. ½ hour

I am available via email or phone to assist you at any stage