

Hand reflexology outline

You are provided with E-Manuals covering

- Assessment requirements
- Theory manual
- Techniques manual

MP4download of professionally produced DVD covering all the techniques step by step on both hands dorsal and plantar.

Submissions for Certificate of Attainment

Basic Syllabus for 16 hours of study you need to:

1. Fill out logged session forms provided while studying video with achievements and challenges.
2. Answer all the theory questions
3. Give 8 one hour hand treatments to recipients of your choosing. These can be paid or unpaid. Fill out client record forms provided and get recipient to write on them and sign.
4. Fill out table provided with study sessions

You have 2 years in which to complete.

To receive Certificate of Attainment for your 16 hours must return copies of

- Written Questions,
- Logged session forms
- Client record forms
- Record times on table included below

At completion

- You will be able to perform 1hour hand reflexology.
- Gain CPE points for 16 hours study
- Gain insurance

