

Kahuna Temple Style Lomi Lomi Hawaiian Massage

Intermediate level -25 hours

Accredited and can gain membership of massage association and get insurance.

General Information

This is a continuation of beginners and more advanced massage techniques are introduced including underbody , joint rotations and muscle stretches .

Materials provided:

- Professionally produced instructional video/DVD covering massage techniques/strokes, dances and continual flow demonstrations for Hawaiian Kahuna Temple Style
- E-manual video companion with suggestions how to learn from video watching and companion notes for the stroke sequences.
- E Manual with Theory History and Philosophy of Hawaiian Massage.
- E Manual with Contraindications and benefits of massage, Draping oil, clinic requirements, client history forms, Lymphatic drainage etc.
- E- Manual with questions to be answered from material in manuals and Log forms and client session logs to be filled out.

What you will learn

- Body draining systems and under body techniques- New strokes and under body techniques which facilitate deeper work and stretching of the muscles and spine.
- Specific stretches to various muscle groups and joint rotations. Polynesian floor work on the massage table.
- Exercises to build Mana
- Working with breathe and guiding recipient how to heal through breathe work
- How to harness the healing power of Intention.
- Shamanic techniques to assist in your development as healer.
- Introduction to Ho"oponopono
- Spiritual healing techniques and body awareness will be explored.

- A more holistic approach focusing predominantly on the mental and spiritual side of massage therapy.
- Revise techniques and watch continual flow demonstration for beginners
- You will extend on your skills to give a powerful and transformative massage.
- At the end of this course you will be able to perform a 1 1/2hr Kahuna Temple Style Hawaiian massage.

Structure of Home study –Course Syllabus

It needs to be completed within 2 years of receiving documentation.

- Watching the video and practicing - fill out log session forms. (15 hrs.)
- Massage 3 recipients and fill out client session forms. (5 hrs.)
- Answer questions from readings in manual. (5 hrs.)

Home study course gives you suggested times and methods to assist watching and learning from DVD and exercises to do to make it fun and assist learning outcomes.

On Completion of course you will be able to

- 1 1/2 hr Hawaiian Kahuna Temple Style Lomi Lomi massage.

Approved Certification

- Certificate in Kahuna Temple Style massage for 25 hours study
- Can get CPE points for 25 hours from your Massage Association

Who this course is for

- Massage Therapists and Beauty Therapists wanting to expand skill base and learn new and exciting techniques.
- Layperson wanting to learn how to perform full body Massage.
- Health care professional wanting to learn complimentary therapies.
- People wanting to expand business adding an extra healing modality to generate more clients and income.

Contact and Support

Please ring or email if you have questions. I'm here to answer them.

kaye@kdmassagecourses.com.au or ph 0407645764

Can Phone or email for assistance while doing home study course