

Kahuna Temple Style Lomi Lomi Hawaiian Massage -25 hours

Accredited and can gain membership of massage association and get insurance.

General Information

"After receiving my first Kahuna massage from Kaye, I realised that this was a whole new level of bodywork that was profound and effective in restoring physical balance and spiritual wellbeing. I have had a lot of massage over the years but the sheer fluidity, depth and beauty of the massage allowed me to totally let go and surrender to the experience. Kaye is a master of bodywork."
Francis.

Kahuna Temple Style is a beautiful form of bodywork providing a holistic approach to healing balancing the body, mind, and emotions.

All levels assist you to learn the ancient ways of the Adventurer Shaman to heal and transform your life and those that come to you.

Materials provided:

- Professionally produced instructional video/DVD covering massage techniques/strokes, dances and continual flow demonstrations for Hawaiian Kahuna Temple Style massage
- E-manual video companion with suggestions how to learn from video watching and companion notes for the stroke sequences.
- E Manual with Theory History and Philosophy of Hawaiian Massage.
- E Manual with Contraindications and benefits of massage, Draping oil, clinic requirements, client history forms, Lymphatic drainage etc.
- E- Manual with questions to be answered from material in manuals and Log forms and client session logs to be filled out.

What you will learn

Beginner's practitioner's level

- You will go on a magical inner journey connecting with your own inner shaman while learning a fantastic massage style.
- Learn the Temple Style dance and how to apply the dance to massage strokes.
- Using your forearms and hands you will learn to dance over the whole body both supine and prone.
- You will learn techniques that enable you to give a deep massage without straining yourself.
- Professional boundaries and communication. How to be respectful and attentive for needs of every client.
- Draping methods to maintain modesty for individual's needs.
- How to create a sacred and safe environment.
- How to work with ALOHA.
- Lymphatic drainage and both soft and deep tissue work.
- Long flowing strokes using a dance like rhythm.
- How to unblock and clear energies in the body.
- How to work from legs to prevent therapist injury. You learn through dance like rhythmic movements that strength comes from the legs and not merely from upper body.
- A fantastic massage that teaches correct posture and movement and prevents any injury to you as therapists
- Techniques to enhance function in the circulatory, lymphatic, muscular, skeletal and nervous systems.
- Energy balancing, draping, contraindications and benefits of massage will be covered.
- How to keep the energy flowing without getting tired and burned out.
- The emotional and spiritual effect of massage therapy.
- How to work 2 body workers on 1 client
- Balancing of masculine and feminine energies

- How to work powerfully using breathe.
- Piko Piko meditations
- Learn about the power of blessings and the Aloha way.
- Exercises to develop intuition and meditations for healing, relaxation and goal setting.
- How to enhance your own inner powers.
- How to set and achieve goals.
- Personal transformation through the Shamanic Huna Principles and philosophy.
- How to use music as a healing tool.
- You will be able to confidently do 1hr Hawaiian Lomi Lomi Massage.
- And much more

Please go to www.kdmassagecourses.com.au Hawaiian Kahuna Temple Style page for what is covered in the course and to view a video promo.

Structure of Home study –Course Syllabus

It needs to be completed within 2 years of receiving documentation.

- Watching the video and practicing - fill out log session forms. (15 hrs.)
- Massage 3 recipients and fill out client session forms. (5 hrs.)
- Answer questions from readings in manual. (5 hrs.)

Home study course gives you suggested times and methods to assist watching and learning from DVD and exercises to do to make it fun and assist learning outcomes.

On Completion of course you will be able to

- 1hr Hawaiian Kahuna Temple Style Lomi Lomi massage.

Approved Certification

- Certificate in Kahuna Temple Style massage for 25 hours study
- Can gain join Massage association IICT and MAA gain professional liability insurance. www.iict.com.au or www.maa.org.au
- Can get CPE points for 25 hours from your Massage Association
- Can add as approved modality to existing insurance.

Who this course is for

- Massage Therapists and Beauty Therapists wanting to expand skill base and learn new and exciting techniques.
- Layperson wanting to learn how to perform full body Massage.
- Health care professional wanting to learn complimentary therapies.
- People wanting to expand business adding an extra healing modality to generate more clients and income.

Contact and Support

Please ring or email if you have questions. I'm here to answer them.

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Can Phone or email for assistance while doing home study course